

# Karina

## PRO LACTIC AND VITAMIN A PEEL

### **DESCRIPTION & BENEFITS**

- It is an elegant and creamy texture that goes on smoothly while gently exfoliating and hydrating.
- Improves skin texture pigmentation, fine lines and wrinkles and helps to control acne.

### **KEY INGREDIENTS:**

- Lactic Acid 20%: an excellent exfoliator and hydrator
- Vitamin A (Retinyl Palmitate) is a deep pore exfoliator and is beneficial for all skin types.

### **CONTRAINDICATIONS:**

Redness, peeling, flaking, abrasions, irritated or open skin.

***DIRECTIONS:*** *Make sure to complete a Client Profile Card and have client sign the peel consent form*

1. Analyze the skin.
2. Prep the skin with a Glyco Salicylic Acid (drying solution) or Clarifying Lotion (an astringent) for no more than 10 minutes.
3. Protect client's lips by applying Repair Cream or other occlusive ointment (such as Vaseline).
4. Wear gloves if you have sensitive skin, or if applying to more than one client in one day.
5. Use a quarter-sized puddle of product and apply with fingers or a moist, not wet, brush
6. First apply to the more resilient areas of the face, using long even strokes.
  - Side of the face
  - Forehead
  - Cheeks
  - Nose
  - Chin
  - Neck and décolleté (if appropriate)
7. For less sensitive skin, massage the product, gently, for 1-3 minutes using circular motions.
8. Leave the peel on the skin for 10-15 minutes
9. Remove peel and cleanse gently with a gentle cleanser.
10. Apply a soothing mask over the entire face and cover with strips of wet cotton (Mummy Mask)
11. Remove mask and finish by applying appropriate serum, moisturizer, and sun protection
12. Caution: Keep product away from the eye area.

***POST PEEL:***

- Instruct the client about post-peel home care. Give the client a Post-Peel Care Card.
- Be sure to include an emergency telephone number in case of need.
- Instruct the client not to use ANY AHA/BHA or Retinoic products, abrasive scrubs and avoid sun exposure for at least a week.
- Schedule next treatment.